

Bendigo Pony Club
P.O. Box 2257
Bendigo Mail Centre 3554

July 2010

Pony Express



July

11th - Bendigo Pony Club Dressage, Show-jumping & Showjumping - Bendigo Show Grounds

18th - Neangar Park Pony Club Dressage Day



- Melissa & Dennis "The Incredible"



Important rally
Info for riders:

If you wish to leave a group early
or want to swap please ask the DC.
You may not always get what
you want dependant on the size
and dynamics of a group so
please don't be disappointed.

Taj knight—Welcome to
the world 13/7/10



BIRTHDAYS

July

Britt Holmberg -
29th

Ryhlan O' Toole -
16th

Tegan Tresize - 5th

D.C.s message July 2010

Hello All,

On behalf of Kerrie, our club treasurer and Deb our club secretary, thank you all for paying your fees on time. It certainly makes the job of getting the strength return to PCAV on schedule a whole lot easier for these two dedicated, hard working volunteers. The 2010/2011 cards are back from PCAV and you will receive yours at this rally.

Remember your card is your pony club passport and it should be treated as such. It is an important record of all your pony club details, it is essential that you present your valid and up to date card for all pony club competitions and it is your responsibility to ensure it has been correctly completed after each rally.

We have 31 riding members so far this year plus another 44 adult supporters. Just as owning a horse is a much greater commitment than owning a cat, belonging to a pony club is a much greater commitment than belonging to a netball, foot ball or tennis club etc.

The aims and objectives of PCAV and of our club are:

- To encourage young people to ride and to learn to enjoy all approved types of sport connected with horse riding.
- To provide instruction in horsemanship, riding and the proper care of horses.
- To promote the highest ideals of sportsmanship, citizenship and loyalty, thereby cultivating strength of character and self-discipline.

A lot of work is involved in successfully running a pony club. The cost of running a pony club is also prohibitive. Good management over the last 6 years has ensured that our club is in a sound financial position. This means that the groups at rallies are small and that the cost of our instructors can be subsidised by the money we make from our events and clinics as well as improving our club assets.

As all club members benefit from the advantages of belonging to Bendigo Pony Club so should all club members contribute to running the club. It is important that all families present at a rally help set up and pack up the equipment. The running of the canteen is a big job on rally day, as is the ground maintenance. It was decided at the recent open meeting to implement a roster system to ensure that every family takes a turn at these two important jobs thus taking some of the pressure off the people who have been doing these tasks regularly.

This is our families 11th year in pony club and as I look back at past years when we did something horsey nearly every weekend I don't remember much about the lawns that didn't get mowed at home or the windows that didn't get washed. I do remember the fun we had has a family and the wonderful friends and memories we made.

So as we start our new pony club year I encourage all club members to get more involved with your club and with what pony club and the PCAV movement has to offer. Competing can be so much fun, there are many great times to be had and lots of life lessons to be learned. As I said previously it is a big commitment to own a horse and to belong to a pony club but in the long run it is the kids who benefit the most.

Til next month

Happy horsing

Sue



AND ALWAYS CHECK THE GIRTH BEFORE YOU MOVE OFF

DON'T EXPECT TO WIN EVERY TIME



The Heart of the horse

When your day seems out of balance & so many things go wrong

When people fight around you & the clock drags on so long

When most folk act like children & fill you with remorse

Go out into your paddock & wrap your arms around your horse

His gentle breath enfolds you as he watches with those eyes

He may not have a PhD but he is oh, so wise

His head rests on your shoulder; you embrace him good & tight

He puts your world in balance & makes it seem all right

Your tears will soon stop flowing & the tension will be eased

The nonsense has been lifted, you are quiet & at peace

So when you need some balance from the stresses in your day

The best therapy you can seek is out there eating hay.

Author unknown

THE MUM TEST

I was out walking with my 4-year-old daughter. She picked up something off of the ground and started to put it in her mouth.

I took the item away from her and I asked her not to do that.

'Why?' my daughter asked.

'Because it's been on the ground; you don't know where it's been, it's dirty, and probably has germs,' I replied.

At this point, my daughter looked at me with total admiration and asked,

'Mum, how do you know all this stuff? You are so smart.'

I was thinking quickly and replied, 'All mums know this stuff. It's on the Mum Test. You have to know it, or they don't let you be a Mum.'

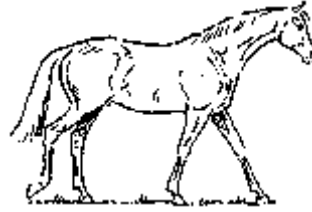
We walked along in silence for 2 or 3 minutes, but she was evidently pondering this new information.

'Oh.....I get it!' she beamed, 'So if you don't pass the test you have to be the dad.'

'Exactly,' I replied with a big smile on my face.

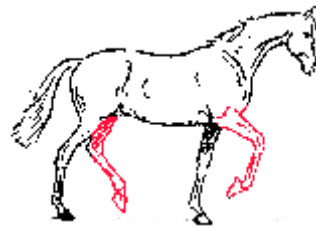
Gaits of the Horse

These are the 4 basic gaits of the horse:



WALK:

The walk is a four-beat lateral gait. Each beat is distinct and can be easily heard. The walk is natural, and it is the slowest of the gaits.



TROT:

This animation shows a slowed version of the trot. The trot is a two-beat diagonal gait. The right hind and left front move together, and the left hind and right front move together. In this diagram the right front and left hind are colored red, so you can see the diagonal pairs working together.



CANTER/LOPE:

This is the canter, a 3-beat gait. Lope is another term for this gait, but it usually refers to the slow, western-pleasure style of cantering. While cantering, the horse is either on the left or right lead. In this animation, the horse's left front leg is hitting the ground in front of the right, so the horse is on the left lead. A horse on the right lead would have its right leg hitting the ground in front of, not before, the left leg. When turning in a circle to the right, the horse should be on the right lead, and when turning to the left, should be on the left lead. So the horse should always be leading with its inside leg.

A flying lead change is when the horse is cantered in a figure 8, and changes leads in mid stride when it reaches the middle of the 8, where it changes directions.

Most horses will canter on the correct lead naturally, and a few need to be trained to. A horse that is leading with its outside leg is said to be on the 'wrong lead', or moving with a 'false lead'. In some high-level competitions, horses may be required to do a "counter canter", that is, cantering on the wrong lead.



GALLOP:

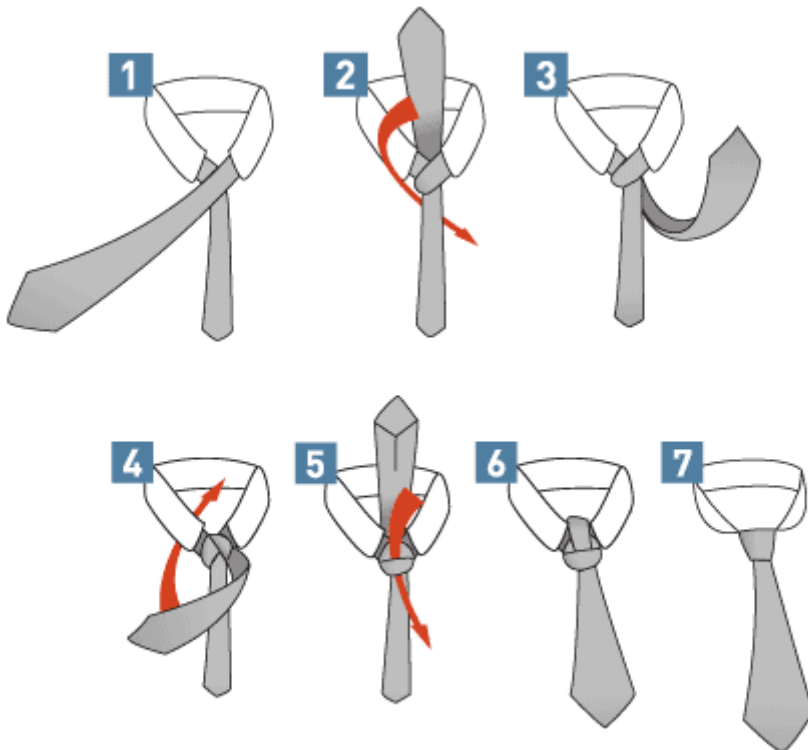
This is the gallop, or run. When the horse is fully extending itself in a run, there is a moment when all four feet are off the ground. It is usually a 4-beat gait, varying in speeds. Gallop speed is about 30 miles per hour.

Here is the sequence of the gallop: 1. left hind; 2. right hind; 3. left fore; 4. right fore, followed by a moment when all four hooves are in the air.

How to tie a double Windsor tie knot

The Windsor, or double Windsor knot, is named after the Duke of Windsor, who made this tie knot popular. The double Windsor knot is the ideal choice for dress shirts with wide collar spread. If you need to fill that gap of a shark or Kent collar, choose this knot! The double Windsor necktie knot is a very popular knot, but also requires some practice; therefore it is more suitable for the experienced tie wearer. If you like a larger knot for your ties, as they are popular in most parts of Europe, then the double Windsor is your knot. It is a very symmetric tie knot with a triangular shape. Although learning how to tie a double

Windsor tie knot is a little trickier than other knots, it is quite simple to master if you follow the steps below. **Instructions on how to tie a double Windsor knot:**



1. The double Windsor knot requires you to wrap the wide part twice around the narrow part. This means that more length of the tie is required. Start by placing the tie around your neck with enough length showing on the wide side of the necktie. Place the wide part across, and above the narrow part of the tie at a 90 degree angle.
2. Just like with the half Windsor tie knot, pull the wide part through the loop on the right side of your collar.
3. Then pull the wide side of the tie back behind the narrow part.
4. To make a double Windsor knot out of the half Windsor, do the same on the left side. Pull the half finished Windsor knot tight so both wrappings stay in place. Tip: Overlap both wrappings so that a triangular and symmetric shape appears.
5. Hold the loop open that you created on the last wrapping with your left hand, and pull the wide end of the necktie through the loop.
6. Slowly pull the Windsor tight Tighten the tie and flip down your shirts collars.
7. Tying a double Windsor knot takes a little bit of practice. The most common mistake people make when tying a double Windsor knot, is in step 4. Make sure you overlap both wrappings. This ensures that the gap between both wrappings is closed which will prevent the tie from sliding into this gap. If this happens, the tie will not be centered on the Windsor. If this is the case, open the tie knot and start from step 1

BENDIGO PONY CLUB RIDER PROFILE

NAME: Emmaby Barton Grace.

AGE: 10 turning 11

HORSE/S: Milly or Miss Milly YEARS IN PONY CLUB: 1 in September

MY HORSE IS SPECIAL BECAUSE.....

She is my friend, does not mind when I make mistakes (most of the time!!) and has helped me learn to ride.



WHAT I LIKE MOST ABOUT PONY CLUB...

I learn about horses and get to ride all day!

WHAT I DISLIKE MOST ABOUT PONY CLUB...

(Mum says the cold!)

WHEN I'M NOT RIDING I LIKE TO...

Read and go on the computer to do SuperClubsPLUS.

THIS YEAR I REALLY WANT TO

Get my D* Certificate

Get in the 'Tech Team' on SuperClubsPLUS.

IF I COULD HAVE ONE WISH IT WOULD BE

Endless wishes

To win the Lottery

Live in a horsey place (show jumping arena, dressage arena, cross country course-the works)

Why do we mount horses from the left?

The tradition of mounting from the left dates back to the time when warriors carried swords on horseback. Since most people were right-handed, the sword was carried on the left hip to enable them to draw it quickly.

So it really is nothing more than tradition. We mount from the left because we've been taught to. Mounting from the left resulted in tack that was designed to be buckled, cinched, or fastened from the left, most halters, bridles, and saddles are left-sided

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Michelle & Dennis playing follow the leader



Sammy - struggling to click her finger



Hannah—the hurdler

Dennis &

